

Sarpy County Lady Knights Lacrosse Club Bylaws



Article I: Organization

The name of this organization is the Sarpy County Lady Knights Lacrosse Club and hereafter will be referred to as the Lady Knights.

Article II: Mission Statement

The purpose of the Lady Knights is to promote the sport of lacrosse in Sarpy County, NE at the high school level through sportsmanship and serious competition; to teach both new and experienced players respect for this Native American game; and to provide an outlet for physical activity, social interaction and bonding experiences for team members and their families.

Article III: Policy and Risk Management

Section 1. Policy

It shall be the policy of the Lady Knights to abide by the rules and guidelines of lacrosse as outlined by USA Lacrosse. Rules and guidelines may be revised by the Board of Directors with a majority vote, and thereby incorporated within these articles.

- a. Lady Knights revised rules/guidelines - NONE

Section 2. Concussions

The Lady Knights will comply with applicable Nebraska concussion acts and laws. **Please refer to Lady Knights Handbook "Concussion Awareness Information."

Section 3. Risk Management

It shall be the policy of the Lady Knights that harassment, of any kind, has no place in interscholastic activities. Harassment based upon an individual's sex, race, ethnicity, national origin, age, religion or any other legally protected characteristics will not be tolerated. All members of the Lady Knights are expected and required to abide by this policy. No person's standing within the Lady Knights will be adversely affected as a result of bringing forth complaints of unlawful harassment. **Please refer to Lady Knights Handbook "Play and Parent Code of Conduct"

Article IV: Membership of Players and Coaches

Section 1: Membership as a Player in the Lady Knights shall be open to individual(s) meeting all three of the below criteria:

- A. Any female student living in or attending a Sarpy County, NE high school student enrolled in 8-12th grade or certified home school program.
- B. Pays her club dues and has turned in completely filled out required documents within the deadline implemented by the Board of Directors.
- C. Is a valid registered member of USA Lacrosse, the governing body of lacrosse in America, and in good standing.

Section 3. Head Coach

Membership in the Lady Knights as a head coach shall be open to any person who is a coach member of USA Lacrosse, is at least 20 years of age, is in good standing with the league and is knowledgeable of the rules of the game.

Section 4. Assistant Coach

Membership in the Lady Knights as an assistant coach shall be open to any person who is a coach member of USA Lacrosse, is at least 18 years of age, is in good standing with the league, and is knowledgeable of the rules of the game.

Section 5. Sportsmanship

Coaches are expected to act in a sportsmanlike manner at all times. Coaches who do not demonstrate good sportsmanship shall be subject to disciplinary action up to, and including, suspension from games and/or permanent membership revocation subject to a majority vote of the Board of Directors.

Article V: Board of Directors

Section 1. Affairs

The affairs of the Lady Knights shall be managed by the Board of Directors who shall have and may exercise all the powers of the club.

Section 2. Number

The Board of Directors shall be comprised of five (5) directors and collectively they shall be known as the "Board of Directors." They will be appointed representatives within the Lady Knights club and optimally there should be (near) equal representation on grade levels on the Board of Directors from parents (or representatives) of players. These appointed representatives serve as voting members of the Board of Directors with each representative possessing one (1) vote each. Directors shall be at least age 20. The Varsity head coach will be a non-voting member of the Board of Directors.

Section 3. Election and Term of Office

Directors shall be elected by the board of directors, at any time based on nominations from the head coach. Each officer shall hold office for 2 years or until he/she resigns, is removed, is otherwise disqualified to serve, or until his/her successor shall be elected and qualified, whichever occurs first.

Section 4. Removal and Resignation

Any officer may be removed, either with or without cause, by a majority vote of the board at a regularly scheduled board meeting. Any officer may resign at any time by giving written notice to the board of directors. Any such resignation shall take effect at the date of receipt of such notice.

Section 5. Vacancies

Any vacancy caused by the death, resignation, removal, disqualification, or otherwise, of any officer shall be filled by the board of directors from nomination by the varsity head coach.

Section 6. Duties of the Board of Directors

- A. Faithfully execute the Bylaws of Sarpy County Lady Knights Club
- B. Hold meetings to conduct official business of Lady Knights Lacrosse Club
- C. Be Custodians of the records:
 - Certify and keep an original, or a copy, of these bylaws as amended or otherwise altered to date.

- Keep a book of minutes, including any approved action items taken of all meetings of the directors. Minutes should include date, location, and attendees and the proceedings thereof.
 - Keep records containing the name and address of each and any members, and, in the case where any membership has been terminated.
- D. Take charge of Financial affairs, funds and valuable papers, and keep full and accurate records:
- Have responsibility for all funds and securities of the club.
 - Deposit all such funds in such banks, or other depositories as shall be selected by the board of directors.
 - Receive, and give receipt for, monies due and paid to the club from any source.
 - Disburse funds as directed by the Board of Directors.
 - Keeps books of account and financial records.
 - Records shall be made available upon request.

Section 7. Compensation

- A. There is no compensation for Board of Directors.

Article VI: Meetings

Section 1. Place of Meetings

Meetings shall be held at locations decided by the Board of Directors

Section 2. Regular Meetings

Regular meetings should be held quarterly or as decided by the Board of Directors.

Section 3. Quorum for Meetings

A quorum will consist of a majority (3) of all Board of Directors present. A quorum of the Board of Directors must be present in order for any official business to be conducted by the Lady Knights. Official business shall include election of officers, setting of dues, and any other major decision affecting the organization.

Section 5. Majority Action as Board Action

Every act or decision done or made by a majority of the directors present at a meeting duly held at which a quorum is present is the act of the Board of Directors.

Article VII: Finances

Section 1. Fiscal Year

The fiscal year of the Lady Knights is November 1st through October 31st .

Section 2. Dues

- A. Dues shall be determined, based upon the prospective financial needs of the Lady Knights for the upcoming year, by the Board of Directors of the Lady Knights subject to the approval of a majority vote.
- B. Annual dues will be assessed in accordance with the Lady Knights handbook policies at the beginning of each season. All players will be informed of their annual dues and be provided a due date at the direction of the Board of Directors. Paying dues is required for membership as a player in the Lady Knights.

Section 3. Donations/Sponsorships

The Lady Knights reserves the right to solicit donations and sponsorship from the private sector.

Section 4. Dissolvement

If the Lady Knights dissolves, all funds earned will be donating to a charity of the Board of Directors choice.

Article XII: Personal Liability

Section 1. The Directors of the Lady Knights shall not be personally liable for any debt, liability or obligation of the Lady Knights. All persons, Corporations or other entities extending credit to, contracting with, or having any claim against the Corporation may look only to the funds and property of the Lady Knights for the payment of any such contract or claim, or for the payment of any debt, damages, judgment or decree, or of any money that may otherwise become due or payable to them from the Lady Knights.

Article XIII: Indemnification

Section 1. Indemnification of Directors

The Lady Knights shall, to the fullest extent legally permissible, indemnify each of its Directors, Coaches, or other agents against all liabilities and expenses.

Article XIV: Amendment of Bylaws

Section 1. Amendments

- A. The Board of Directors have the power to adopt, amend, or repeal the bylaws of this club.
- B. All amendments require a two-thirds vote of a quorum of the Board of Directors for adoption.

Bylaws adopted August 8, 2022 by Sarpy County Lady Knights Lacrosse Board of Directors